## Columbus Acupuncture LLC Keeping Your Health On-Point

Please complete this document as thoroughly as possible. Some of the questions that follow may seem unrelated to your condition, but they may play a major role in diagnosis and treatment. **All information is strictly confidential.** 

| ast Name: First Name:  |                              |                  | MI:            |                 |               |  |
|------------------------|------------------------------|------------------|----------------|-----------------|---------------|--|
| Date of Birth:         | ate of Birth:SSN:            |                  |                |                 |               |  |
| Address:               |                              |                  |                |                 |               |  |
| City:                  |                              |                  | _State:        | Zip:            |               |  |
| Phone:                 |                              |                  | □Work          | □Home           | □Mobile       |  |
| Email:                 |                              |                  |                |                 |               |  |
| How did you hear ab    | out us?                      |                  |                |                 |               |  |
| Who can we thank fo    | r your referral?             |                  |                |                 |               |  |
| Emergency Cor          | ntact Person:                |                  |                |                 |               |  |
| Relationship:          | Relationship: Contact Numb   |                  |                |                 |               |  |
| Primary reason for se  | eking care with us?          |                  |                |                 |               |  |
| How long ago did thi   | s problem begin?             |                  |                |                 |               |  |
| What makes your syr    | mptoms better?               |                  |                |                 |               |  |
| What makes your syr    | mptoms worse?                |                  |                |                 |               |  |
| Please indicate if you | have or had any of the follo | owing conditions | ::             |                 |               |  |
| 2                      | ☐ Gall Bladder Issu          | _                |                |                 | □ Pneumonia   |  |
| ☐ Alcoholism           | ☐ Heart Disease              | □ Meni           | ☐ Meningitis   |                 | ☐ Seizures    |  |
| □ Anemia               | ☐ Hepatitis                  | ☐ Ment           | al Breakdown   | $\square$ Strol | ke            |  |
| ☐ Cancer               | ☐ High Blood Press           | ure   Ment       | al Illness     | $\square$ Thyr  | oid Issues    |  |
| ☐ Diabetes             | ☐ Jaundice                   | $\square$ Mult   | iple Sclerosis | □ Tube          | erculosis     |  |
| ☐ Epilepsy             | ☐ Kidney Issues              | □ Mum            | nps            | □ Vene          | ereal Disease |  |
| Surgeries / Significar | nt Traumas:                  |                  |                |                 |               |  |
| Current Medicines:_    |                              |                  |                |                 |               |  |
|                        |                              |                  |                |                 |               |  |
| List any allergies you | ı have:                      |                  |                |                 |               |  |

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| Signs & Sympt  | oms:  |                 |          |   |                         |  |  |  |
|--|---|-----------------|----------|---|-------------------------|--|--|--|
| □ Abdominal Pain   | □ Depression  | ☐ Kidney Stor   | nes      | □ Spots in Vision                         | Male Concerns           |  |  |  |
| ☐ Abuse Survivor   | □ Dizziness/Vertigo   | □ Loss of Hai   | r        | ☐ Sweat Easily                            | □ Testicle Pain         |  |  |  |
| □ Acid Reflux  | □ Diarrhea  | □ Low Back F    | ain      | □ Upper Back Pain                         | □ Penis Pain            |  |  |  |
| □ Asthma   | ☐ Eye Strain/Pain   | ☐ Migraines     |          | ☐ Urgent Urination                        | □ Penis Sores           |  |  |  |
| □ Blood in Stools  | □ Fatigue   | ☐ Muscle Cra    | mps/Pain | □ Vomiting                                | □ Discharge             |  |  |  |
| □ Blood in Urine   | ☐ Frequent Urination  | □ Nasal Cong    | estion   | ☐ Waking to Urinate                       | □ Premature Ejaculation |  |  |  |
| □ Blurry Vision  | ☐ Grinding Teeth  | □ Neck/Shoul    | der Pain | □ Weight Gain/Loss                        | □ Nocturnal Emissions   |  |  |  |
| □ Bruise Easily  | □ Headache  | □ Night Swea    | ts       | □ Wheezing                                | □ Erectile Dysfunction  |  |  |  |
| □ Chest Pains  | ☐ Heat Intolerance  | □ Numbness      |          | Female                                    | e Concerns              |  |  |  |
| □ Chills   | ☐ Hemorrhoids   | □ Painful Urir  | nation   | Date of Last Menstru                      |                         |  |  |  |
| □ Cold Hand/Feet   | ☐ Heart Palpitations  | □ Poor Appeti   | te       |   |                         |  |  |  |
| □ Concussion   | ☐ High Blood Pressure   | ☐ Poor Circul   | ation    | Days Between Mens                         |                         |  |  |  |
| □ Confusion  | ☐ Increased Libido  | □ Poor Memo     | ry       | Duration of Menstru                       |                         |  |  |  |
| □ Constipation   | □ Indigestion   | □ Poor Sleep    |          | Number of Pregnanc                        | ies:                    |  |  |  |
| □ Cough  | □ Irritable   | □ Seizures      |          | - DMC                                     | - W : 1 C               |  |  |  |
| □ Cough w/ Blood   | ☐ Itchy Eyes  | ☐ Short Temp    | er       | □ PMS                                     | ☐ Vaginal Sores         |  |  |  |
| □ Dark Stools  | ☐ Itchy Skin  | ☐ Shortness of  | f Breath | ☐ Painful Periods                         | □ Vaginal Pain          |  |  |  |
| ☐ Decreased Libido   | □ Joint Pain  | ☐ Sinus Press   | ıre      | □ Clotting                                | □ Discharge             |  |  |  |
|  |   |                 |          |   |                         |  |  |  |
|  |   |                 |          |   |                         |  |  |  |
| D . Cl   |   |                 |          |   |                         |  |  |  |
| Pain Chart   |   |                 |          |   |                         |  |  |  |
|  | key to the right to indicate areas<br>icate pain intensity and limitatior |                 |          | (3)6                                      |                         |  |  |  |
| Use the chart below to indicate pain intensity and limitations.  Pain intensity levels |   |                 |          |   |                         |  |  |  |
| □ No Pain □ Mod  | lerate pain 🛚 Severe pain   | ☐ Terrible pain |          |   |                         |  |  |  |
| Sleeping   |   |                 | (        | \ \ \\ \\ \\ \\                           |                         |  |  |  |
| ☐ No problem ☐ D   | isturbed   Very disturbed   | ☐ Cannot sleep  |          | $\bigwedge \bigwedge \bigwedge \bigwedge$ |                         |  |  |  |
| Work - Can do:   |   |                 | 1        |   | (/ <del>/</del> /)      |  |  |  |
| ☐ Usual work ☐ 50%   | % of work □ 25% of work   | ☐ No work       |          | 1/1                                       |                         |  |  |  |
| Frequency of pain  |   |                 | 67       |   |                         |  |  |  |
|  | % of time   | ☐ 100% of time  | UW       | / / MIN                                   | an I have               |  |  |  |
| Travel   |   |                 |          | \   |                         |  |  |  |
|  | Moderate pain on trips  | ☐ Severe pain   |          | 11) (1)                                   |                         |  |  |  |
| ·  |   |                 |          |   |                         |  |  |  |
| Recreation - Can do:   |   |                 |          |   | \                       |  |  |  |
| ☐ All activities   | ☐ Some activities   | ☐ No activities |          |   | \ Jk (                  |  |  |  |
| Walking  |   |                 |          | <b>} ! ! !</b>                            | 1991                    |  |  |  |
| ☐ Can walk fine  | ☐ Pain after 1/2 mile   | ☐ Cannot walk   |          | En my                                     |                         |  |  |  |
| Sitting  |   |                 |          | Pain K                                    | ey                      |  |  |  |
| ☐ No pain sitting ☐  | Some pain while sitting   | ☐ Cannot sit    | Ache     | Numbness Pins & Nec                       | ,                       |  |  |  |
| L  |   |                 |          | ==== 0000                                 |                         |  |  |  |

### Columbus Acupuncture LLC Keeping Your Health On-Point

#### **CONSENT TO TREATMENT:**

I hereby request and consent to acupuncture and other procedures within the scope of acupuncture on me (or on the patient named below, for whom I am legally responsible) by Columbus Acupuncture LLC. I understand the methods of treatment may include, but are not limited to acupuncture, moxibustion, cupping, electrical stimulation, Chinese herbal medicine, and nutritional counseling.

Acupuncture is a generally safe method of treatment, but that it may have a small change of side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Burns are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I understand that some herbs may be inappropriate during pregnancy. I will notify a clinical staff member if I am or become pregnant.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. While I do not expect the Columbus Acupuncture LLC to be able to anticipate and explain all possible risks and complications of treatment, I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known, is in my best interest. I understand that results are not guaranteed.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

#### **AUTHORIZATION AND RELEASE:**

I authorize payment of insurance benefits directly to Columbus Acupuncture LLC. I authorize Columbus Acupuncture LLC to release all information necessary to communicate with personal physicians and other healthcare providers and payers and to secure the payment of benefits. I understand that I am responsible for all costs of acupuncture care, regardless of insurance coverage. I understand that if my account becomes delinquent, Columbus Acupuncture LLC will hire a collection agency and I will be responsible for any additional attorney fees and court costs associated with that.

I understands and agrees to allow Columbus Acupuncture LLC to use Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

#### **MISSED APPOINTMENT POLICY:**

At Columbus Acupuncture LLC, we understand that "life happens" and that appointments need to be rescheduled. Rescheduling should be made at least 24-hours prior to an appointment. Cancellations made less than 24-hours before an appointment are subject to a \$25 fee, to cover our office's lost production time. A one-time courtesy will be given for a less-than-24-hour-cancellation. After the first time you will be billed at \$25. We appreciate your understanding and courtesy in regards to missed appointments.

| Signature of Patient or Authorized Representative:           | Date: |
|--|-------|
| Printed Name of Authorized Representative and Relationship : |       |